

**T. M. JACOB MEMORIAL GOVERNMENT
COLLEGE
MANIMALAKUNNU**

GENDER SENSITISATION ACTION PLAN 2021-2022

Every person, regardless of their gender identity, deserves respect and equal opportunities. Gender sensitization is the process of creating awareness regarding gender equality issues and modifying the behaviour and views that people hold about themselves and other genders. This process helps in examining people's personal attitudes and beliefs and questioning the 'realities' they thought they know. All the activities are to be conducted following COVID protocol strictly. Also, online platforms can be used wherever applicable. The specific programs planned for this academic year are:

- webinars/seminars creating awareness on gender related issues and matters in association with different Govt. departments in the sector.
- webinars /seminars on human rights
- webinars/seminars on health issues
- Legal Awareness Programmes for staff and students
- workshops on stress management through Yoga
- counselling sessions for staff and students
- hair/blood donation campaigns
- essay writing competitions for students on topics related to gender equality
- speech competitions for students on topics related to gender equality
- debate competitions on gender related topics
- preparation of a manuscript magazine
- celebration of Women's Day