

# **T. M. JACOB MEMORIAL GOVERNMENT COLLEGE, MANIMALAKUNNU**

## **GENDER SENSITISATION ACTION PLAN 2023-2024**

Gender Sensitization Programmes facilitate inculcating values of equality, inclusivity and diversity. Gender inclusivity is about creating an environment where people of all genders feel valued, respected, and empowered to contribute their unique perspectives and talents. Gender awareness requires not only intellectual understanding and effort but also sensitivity and open-mindedness to change one's views and limited perspectives and values. The specific programs planned for this academic year are:

- webinars/seminars creating awareness on gender related issues and matters.
- webinars /seminars on human rights
- legal awareness programmes
- workshops on stress management
- display of posters of famous women personalities of India
- celebration of International Women's day
- counselling sessions for staff and students
- class campaigns and flash mobs for promoting gender equity in the campus
- essay writing competitions in both English and Malayalam languages for students on topics related to gender equality
- speech competitions for students on topics related to gender equality
- pencil drawing competitions on gender related topics